

# Week 27



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
<b>Breakfast</b>	Breakfast Burrito with Fruit	Pancakes with Creamy Strawberry Smoothie	Yogurt, Granola with Berries	Sausage Egg Scramble	Oatmeal Granola Breakfast Muffins & Fruit	French Toast with Sausage Links	Breakfast Casserole
<b>Lunch</b>	*Fish Sticks, Carrot & Celery Sticks with Ranch Dip	Grilled Ham & Cheese Sandwich and Gazpacho	Hotdogs, Fruit Salad, Pickle Spears	Sliced Grilled Chicken, Grapes & Walnuts, Sliced Bell Peppers	French Bread Pizza	Backyard BBQ Slaw Burgers, Corn on the Cob, Watermelon	Crockpot BBQ Brisket with Brussels Sprouts, Tomato & Cucumbers
<b>Dinner</b>	Crockpot Mexican Chicken with Rice and Green Beans	Chicken Strips with White BBQ Sauce and Oven Fries	KC Style Baby Back Ribs with Cheddar Corn Casserole and Apple Pie	Chicken Enchiladas with Garden Salad	Cheese-burger Casserole with Green Peas & Sliced Tomatoes	Instant Pot Cheese Steaks	Steaks on the Grill with Baked Beans and Cole Slaw

*Notes* — \*Use remaining fish sticks for Fish Tacos week 30.

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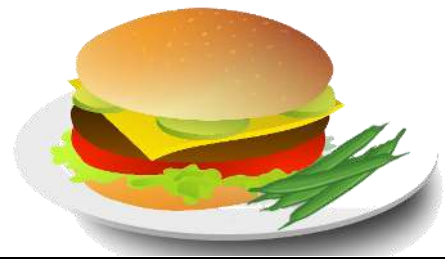


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# Week 27 Shopping List



<i>Produce</i>	<i>Refrigerated</i>	<i>Packaged</i>	<i>Pantry Supplies</i>
Blueberries	2 Doz. Eggs	Pancake Mix	Salt & Pepper
Strawberries	Milk	Granola	Black Peppercorns
Bananas	Butter	Oatmeal	Pepper Mill
1 Lemon	Apple Crisp Yogurt	Ranch Dressing	Vegetable Oil
Watermelon	Plain or Vanilla Yogurt	1 Jar Dill Pickle Spears	Mexican Oregano
1 Avocado	Cool Whip	Pizza or Marinara Sauce	Red Pepper Flakes
Corn on Cob	4 Oz. Queso Fresco	White Rice	Garlic Powder
Celery	Shredded Mozzarella	1 Can Baked Beans	Dry Mustard
Carrots	Sliced Cheese	3 Cans Corn (or frozen bag)	Chili Powder
Brussels Spouts	Deli Ham	1 Can Pinto Beans	Sweet Paprika
2-3 Slicing Tomatoes	Pepperoni	1 Can Black Beans	Ground Cumin
3-5 Bell Peppers	Shr. Cheddar Jack	1 Can Crushed Pineapple	A.P. Flour
2-3 Yellow Onions	Shredded Cheddar	1 Box Bread Crumbs	Vanilla Extract
1 Red Onion	Cream Cheese	1 Jar Horseradish	8 oz. Walnuts
Green Onions	Shredded Swiss	1 Jar Salsa	Sugar
Cucumbers	<i>Meat</i>	1 Lg. & 1 Sm. Can Green	Brown Sugar
3 Jalapeño Peppers	2-3 lbs. Chicken	<i>Bakery</i>	Hellmann's
2 Cole Slaw Mix	Hot Dog Wieners	Hot Dog Buns	Miracle Whip
2 Garlic Bulbs	Steaks (1 per person)	Hamburger Buns	Ketchup
1 Bunch Cilantro	4 lbs. Ground Beef	2 Pkgs. Sandwich Bread	Yellow Mustard
<i>Frozen</i>	4-6 lbs. Boneless	2 Pkgs. Flour Tortillas	1 Bottle BBQ Sauce
Fish Sticks	3-5 lbs. Brisket	Package Dinner Rolls	Sriracha Sauce
3 Pkgs. Green Beans	Sausage Links	2 Pkgs. Flour Tortillas	Hot Sauce
	1 lb. Bacon	1 Pkg. Corn Tortillas	
	2-3 lbs. Pot Roast		