



Dad's Favorite Meals



Monday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Tuesday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Grocery List

Wednesday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Thursday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Friday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Saturday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Sunday

Main Course _____
 Side Dish _____
 Vegetable _____
 Other _____

Meal ideas for next week

