

Week 35



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Sausage, Spinach & Pepper Omelet	Family Favorite Cereal with *Frozen Banana	Oatmeal with Peanut Butter	Toaster Waffles with Strawberry Jam and Fresh Sliced Berries	Cheese Toast with Milk and any On-Hand Fruit	Breakfast Ham, with Eggs, and Sliced Tomatoes	Strawberry Muffins with Glass of Milk
Lunch	*Hawaiian BBQ Chicken Wraps, and White Rice	Ham & Cheese Wrap, Mandarin Orange Cups, Animal Crackers	Taco Salad in a Jar	Peanut Butter & Jelly Sandwiches with Sliced Strawberries	Ham Salad Sandwich, Chips, Blueberries or On-hand Fruit	Turkey, Bacon, Avocado Sandwich	Seared Steak Salad
Dinner	Easy Italian Meatloaf with Green Beans and Dinner Rolls	Chicken Breasts with Garlic, Mushrooms & Rosemary over Mashed Potatoes	Sausage, Onion, and Potato Sheet Pan Dinner	Crab & Corn Casserole	Coca-Cola Chicken Drumsticks with Rice and On-hand Steamed Veggies	Marinated Flank Steak with Corn and Baked Potatoes	Taco Bar

Notes- * Use leftover frozen bananas from week 34. Use leftover BBQ chicken.

Week 35

Shopping List



<i>Produce</i>	<i>Refrigerated</i>	<i>Packaged</i>	<i>Pantry Supplies</i>
Lime	2 Doz. Eggs	Peanut Butter	Dijon Mustard
Strawberries	Milk	Sweet Pickles	Vanilla
Avocado	Butter	Hot Sauce	White Balsamic Vinegar
1-2 Lg. Garlic Bulbs	Heavy Cream	1 Pkg. Stove Top Stuffing	2 Pkgs. Taco Seasoning
Bell Peppers	Sliced Cheddar Cheese	1 14 oz. Can Italian Style Diced Tomatoes	
Mushrooms	Sliced Pepper Jack	1 Jar Spaghetti Sauce	
Spinach	1 Pkg. Mozzarella Cheese	1 10 oz. Can Crab Meat	
Roma Tomatoes	Parmesan Cheese	1 Pkg. Pasta	
1 Bag Red Potatoes	Plain Yogurt	1 Bottle Dry White Wine	
Baking Potatoes	Deli Turkey		
Roma Tomatoes	1 lb. Deli Ham	1 Box Chicken Stock	<i>Household</i>
2 Heirloom Tomatoes		1 Can Coca-Cola	
1 Bag Spring Mix Lettuce	<i>Meat</i>	Box Cereal	
1 Yellow Squash	2 lb. Bulk Sausage	Rice	
2 Yellow Onions	Bacon	Animal Crackers	
2 Ears of Corn on Cob	2 Pkgs. Smoked Turkey Sausages	<i>Bakery</i>	
1 Bunch Fresh Cilantro	1 lb. Skirt Steak	Sandwich Bread	
1 Bunch Fresh Rosemary	1 Flank Steak	Wraps	
1 Bunch Green Onions	1 1/2 lbs. Boneless Chicken Breasts		
Lettuce	2 1/2 lbs. Chicken Legs or Wings		
<i>Frozen</i>	Smoked or Kielbasa Sausage		
1 Pkg. Frozen Corn	2 lbs. Ground Beef		
Waffles			
Green Beans			