

Week 26



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Breakfast	Blueberry Spinach Smoothie	Fried Eggs, with Buttered Toast and Ham Slices	Yogurt, Granola, Honey & Berries	Instant Pot Steel Cut Oats with Strawberry Brown Sugar	Homemade Soft & Chewy Granola Bars	Blueberry & Banana Stuffed French Toast	Toast with Cream Cheese and On-hand Fruit
Lunch	Ham & Pineapple Kabobs with Bell Pepper Slices	Peanut Butter & Jelly with Sliced Fruit and Baby Carrots or Sticks	Deep Dish Pizza Cups	Hummus and Tomato Wraps	Chicken Strips, Cheese Cubes, Grapes, Pecans	Pepperoni Pizza Grilled Cheese Sandwich	*Chicken & Bean Burritos
Dinner	Meatball Subs with Garden Salad	French Onion Chicken Noodle Casserole	Apple Meatloaf with Green Beans	Easy Crock Pot Hot Dogs and Tater Tots	Loaded Baked Potatoes	Cheesy BBQ Bacon Chicken with Corn on the Cob	Grilled Cheese-burgers with French Fries

Notes — *To make Chicken & Bean Burritos use leftover chicken from rotisserie or pre-cooked Strips, beans from previous weeks, and remaining jarred salsa and tortilla wraps. (If you need supplies add them to your shopping list).

Week 26 Shopping List



<i>Produce</i>	<i>Refrigerated</i>	<i>Packaged</i>	<i>Pantry Supplies</i>
Blueberries	Eggs	Granola	Canola Oil
Banana (or use frozen)	Milk	Steel Cut Oats	Whole Wheat Pastry Flour
Strawberries	Butter	Old Fashioned Rolled Oats	All-Purpose Flour
Grapes	Egg Whites	Raisins	Baking Soda
1 Apple	Heavy Cream or	Walnuts	
Spinach	Cream Cheese	1 Can Pineapple Chunks	
Baby Carrots	Greek Yogurt	Peanut Butter	
Lettuce	1 Can Crescent Rolls	1 Jar Pizza Sauce	
Bell Peppers	Mozzarella Cheese	1 Jar Marinara Sauce	
Onion	Pepperoni	Wide Egg Noodles	
Garlic	Hummus	2 Cans Cream of Chicken	
Baking Potatoes	Cheese Cubes	French Fried Onions	
	French Onion Dip	Ritz Crackers	
	Cheddar Cheese		
<i>Frozen</i>	<i>Meat</i>	<i>Bakery</i>	<i>Household</i>
Tater Tots	Breakfast Ham	Sandwich Bread	
French Fries	Ham Cubes	Wraps	
Meatballs	Pre-cooked Chicken	Sub Buns	
1 Pkg. Frozen Green	Rotisserie Chicken	Hot Dog Buns	
	2-2 1/2 lbs. Ground Beef		
	Hot Dogs		