

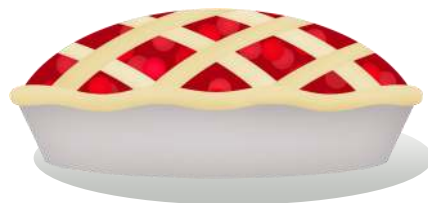
Week 25



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	*French Toast Sticks, Turkey Bacon, Blueberries	Greek Yogurt, & Honey Bowls with Banana and	Apple Pie Vegan Granola Cups	Waffle Pizza	Baked Ham & Egg Casserole	Banana Pancakes with Side of Turkey Bacon	Ham, Egg & Cheese English Muffins
Lunch	*Egg Salad on Crackers, Sliced Cucumbers, Strawberries, and Fun Treat	Cucumber Ranch and Turkey Wraps with side of Fruit	Sliced Boiled Eggs, Sweet Pickle and Mayo with Potato Chips	*Taco in a Bag	*Mac & Cheese, Celery Sticks and Berries	Lemon Pepper Chicken over White Rice	Chicken Noodle Soup
Dinner	*Taco Stuffed Zucchini Boats with Rice	Pork Chops with Crock Pot *Mac & Cheese and Sliced Cucumber	Corn Chowder Soup with Crusty French Bread	Crock Pot Smoke Barbecue Beef Brisket, with Ranch Bacon Cucumber & Bacon Salad	Easy BBQ Chicken Pizza and a Spinach & Cherry Tomato Salad	Fish Tacos with Easy Pineapple Salsa	Tomato Tarts with Garden Salad

Notes — *Use reserved French toast sticks from week 24. Reserve leftover taco meat for lunch on Thursday. *Boil extra eggs for lunch on Wednesday. Reserve leftover mac & cheese for lunch Friday.

Week 25 Shopping List



<i>Produce</i>	<i>Refrigerated</i>	<i>Packaged</i>	<i>Pantry Supplies</i>
Bananas	2 Doz. Eggs	Rolled Oats	Nutmeg
Blueberries	Milk	Freeze Dried Apples	Coconut Oil
Strawberries	Butter	Hemp Hearts	Vanilla Extract
2 Limes	Greek Yogurt	Vanilla Protein Powder	Pkg. Taco Seasoning
1-2 Med. Onions	Deli or Breakfast Ham	Unsweetened Apple Juice	Cumin
Bell Peppers	Cheddar Cheese	Pancake Mix	Worcestershire Sauce
4-6 Cucumbers	Mexican Blend Cheese	Pizza Sauce	Barbecue Sauce
1 Bag Baby Spinach	2 Pkgs. Cream Cheese	Crackers	1 Pkg. Ranch Dressing
Celery Sticks	Sour Cream	Ranch Dressing	1 Bottle Liquid Smoke
Lettuce	Mozzarella Cheese	Pickle Sandwich Slices	
6-8 Med. Tomatoes	1/2 lb. Smoked Turkey	Family Favorite Treats (cookies, rice krispy, etc.)	
Cherry Tomatoes	Pizza Dough	Sweet Pickle Slices	
Mixed Colors Bell	Pie Crust	Individual Doritos or Fritos	
1 Bunch Cilantro	Ricotta Cheese	Individual Potato Chips	
4 Med. Zucchini	<i>Meat</i>	White Rice	<i>Bakery</i>
Green Onions	1-2 lbs. Turkey Bacon	Canned Chicken Soup	Sandwich Bread
<i>Frozen</i>	Bacon	Jar of Mild Salsa	Garden Spinach Wraps
Frozen Waffles	Breakfast Sausage	1-4 oz. Can Tomato Sauce	Crusty French Bread
	1-2 lb. Ground Beef	2 Cans Corn (or fresh ears)	8 Corn Tortillas
	Pork Chops	3 Cans Black Beans	
	3 lb. Flat Brisket	1 Can Pineapple Tidbits	
	1 lb Fish (Tilapia, Halibut, or other white fish)	Chicken Broth	