

Week 24



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Breakfast	Farmer's Breakfast Skillet	*French Toast, Sausage Links, Orange Slices	Easy Breakfast Muffins with Hashbrown Crust	Bagels with Sausage Patties and Apple Slices	Chicken Biscuits	Homemade Donuts Bacon and Fresh Berries	Oatmeal with Cinnamon and Brown Sugar
Lunch	Salami, Cream Cheese & Crackers with Cucumbers and Tomatoes	Bagel Pizzas with Grapes	Ham & Cheese Sandwiches with a Side of Blueberries	Apples and Cheese Wraps with Pretzel Sticks and Raspberries	*Italian Sausage Slices, Grape Tomatoes and Carrot Sticks	Tuna Melt Sandwiches with Celery Sticks and Grapes	Philly Cheese-steak Sliders
Dinner	Chicken and Blueberry Salad	*Pulled Pork Tacos with Homemade Salsa and Nacho Chips	*Italian Sausage or Brats Hoagies with Sautéed Bell Peppers & Onions	Simple Spaghetti Carbonara	*Grilled Sticky Chicken Skewers with Grilled Corn on the Cob	Warm Steak Salad	Creamy Lemon Dill Salmon with Steamed Broccoli and Rice Pilaf

Notes — *Cook extra French toast slices, cut into strips, store in freezer, for breakfast week 25.

Use leftover pulled pork from week 23. Cook extra Italian sausages and slice, to use

for lunch on Friday. On Friday, while the grill is hot, grill up a steak for Saturday's, Steak Salad.

Week 24 Shopping List



<i>Produce</i>	<i>Refrigerated</i>	<i>Packaged</i>	<i>Pantry Supplies</i>
Oranges	Eggs	Maple Syrup	Thyme
Apples	Milk	Pizza or Marinara Sauce	Dried Parsley
Raspberries	Butter	Pretzel Sticks	Chili Powder
Blueberries	Shredded Cheddar	Nacho Chips	Soy Sauce
Grapes	Shredded Mexican	1 Can Shoepeg Corn	Sesame Oil
Avocado	Mozzarella Cheese	1 Can Black Beans	Red Pepper Flakes
3-4 Lg. Bell Peppers	Sliced Cheese (any)	Italian Dressing	Bamboo Skewers
Onions	Provolone Cheese	Tabasco Sauce	Thrill of a Dill Mix
4-6 Med. Potatoes	Feta Cheese	Canned Tuna	
Cherry Tomatoes	Parmesan Cheese	1 Box of Spaghetti Noodles	
Baby Carrots or Sticks	Heavy Cream	Chicken Broth	
Celery Stalks	Pepperoni	Rice Pilaf	
1 Bunch Cilantro	Deli Ham		
1 Cubanelle Pepper			
1 Med. Tomato	<i>Meat</i>	<i>Frozen</i>	<i>Bakery</i>
Whole Corn Ears	1 lb. Bacon	Shredded Hash Brown	Sandwich Bread
Ginger root	Breakfast Ham	Philly Steak Slices	Bagels
Mixed Greens Mix	Rotisserie Chicken	1 Bag Frozen Broccoli	Slider Rolls
	2 Pkgs. Italian Sausages		Hoagie Buns
	1-2 Ribeye Steaks		
	2 lbs. Boneless, Chicken		
	2-3 lbs Salmon Filets		