

Week 5



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
Breakfast	Cheesy Hash browns & Sausage Skillet	*French Toast and Berries	Leftover Mini *Sausage, Egg & Veggie Omelets	Oatmeal Raisin Muffins with a fruit salad	Make ahead Breakfast Casserole, Blueberry French	Toast Toppers	Banana Bread and any leftover breakfast meats.
Lunch	Yogurt Cups & No Bake Energy Bites	Peanut Butter & Apple Sandwich with Celery Sticks and Leftover Energy Bites	Ants on a Log, (Celery, Peanut Butter & Raisins) Pretzel Sticks	Breakfast Leftovers Bento Box Lunch	Taco Bento Box	Meatball Subs	Leftover White bean & Cabbage, Potato Soup
Dinner	Busy Day BBQ Meatballs with Leftover Zucchini Fries	Crock Pot Aloha Chicken with White or Brown Rice	Taco Bake Recipe with a side of Nacho's and Salsa or Rotel	Crock Pot Crack Chicken & Pasta	*White bean & Cabbage, Potato Soup	Cheesy Hamburger Casserole	East Asian Style Wings

Notes— Make extra **French Toast** slices, and cut into strips, freeze, and **sausage links**, and re-use for lunch on Thursday. Reserve extra **soup** for lunch on Sunday.

